



Review of Health.com

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Introduction

This report provides a review of the key factors that influence the SEO and usability of your website.

The homepage rank is a grade on a 100-point scale that represents your Internet Marketing Effectiveness. The algorithm is based on 70 criteria including search engine data, website structure, site performance and others. A rank lower than 40 means that there are a lot of areas to improve. A rank above 70 is a good mark and means that your website is probably well optimized.

Internal pages are ranked on a scale of A+ through E and are based on an analysis of nearly 30 criteria.

Our reports provide actionable advice to improve a site's business objectives.

Please contact us for more information.

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Search Engine Optimization

Mobile

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Good



To Improve



Errors



Not Important



Hard to solve



Little tough to solve



Easy to solve



No action necessary

✔ **Title Tag** Health: Trusted and Empathetic Health and Wellness Information
⚙️⚙️⚙️
Length: 62 character(s)

Ideally, your title tag should contain between 10 and 70 characters (spaces included).

Make sure your title is explicit and contains your most important keywords.

Be sure that each page has a unique title.

✔ **Meta Description** Health.com is your source for accurate and trustworthy information so you can make the best choices for your health and wellness.
⚙️⚙️⚙️
Length: 129 character(s)

Meta descriptions contains between 100 and 300 characters (spaces included).

It allow you to influence how your web pages are described and displayed in search results.

Ensure that all of your web pages have a unique meta description that is explicit and contains your most important keywords (these appear in bold when they match part or all of the user's search query).

A good meta description acts as an organic advertisement, so use enticing messaging with a clear call to action to maximize click-through rate.

○ **Meta Keywords** No Keywords
⚙️⚙️⚙️

Meta Keywords are a specific type of meta tag that appear in the HTML code of a Web page and help tell search engines what the topic of the page is.

However, google can't use meta keywords.

Google Preview

[Health: Trusted and Empathetic Health and Wellness Information health.com/](https://www.health.com/)

Health.com is your source for accurate and trustworthy information so you can make the best choices for your health and wellness.

This is an example of what your Title Tag and Meta Description will look like in Google search results.

While Title Tags & Meta Descriptions are used to build the search result listings, the search engines may create their own if they are missing, not well written, or not relevant to the content on the page.

Title Tags and Meta Descriptions are cut short if they are too long, so it's important to stay within the suggested character limits.

Headings

<H1>	<H2>	<H3>	<H4>	<H5>	<H6>
0	8	1	0	0	0

- <H2> Latest Health News </H2>
- <H2> Explore Conditions </H2>
- <H2> Our Team </H2>
- <H2> Eat Well </H2>
- <H2> Move Your Body </H2>
- <H2> Relieve Anxiety </H2>
- <H2> September Picks </H2>
- <H2> We Recommend </H2>
- <H3> Our Integrity Promise </H3>

Use your keywords in the headings and make sure the first level (H1) includes your most important keywords. Never duplicate your title tag content in your header tag.

While it is important to ensure every page has an H1 tag, never include more than one per page. Instead, use multiple H2 - H6 tags.

Keywords Cloud

health 20 view 11 nutrition 10 wellness 9 awards 9
 news 7 anxiety 7 editorial 7 medical 7 skin 7
 woman 7 conditions 6 about 6 symptoms 6 fitness 5

This Keyword Cloud provides an insight into the frequency of keyword usage within the page.

It's important to carry out keyword research to get an understanding of the keywords that your audience is using. There are a number of keyword research tools available online to help you choose which keywords to target.


Keyword Consistency

Keywords	Freq	Title	Desc	<H>
health	20	✓	✓	✓
view	11	✗	✗	✗
nutrition	10	✗	✗	✗
wellness	9	✓	✓	✗
awards	9	✗	✗	✗
news	7	✗	✗	✓
anxiety	7	✗	✗	✓
editorial	7	✗	✗	✗
medical	7	✗	✗	✗
skin	7	✗	✗	✗
woman	7	✗	✗	✗
conditions	6	✗	✗	✓
about	6	✗	✗	✗
symptoms	6	✗	✗	✗
fitness	5	✗	✗	✗

This table highlights the importance of being consistent with your use of keywords.

To improve the chance of ranking well in search results for a specific keyword, make sure you include it in some or all of the following: page URL, page content, title tag, meta description, header tags, image alt attributes, internal link anchor text and backlink anchor text.

Alt Attribute

We found 35 images on this web page
 10 ALT attributes are empty or missing.

[https://www.health.com/thmb/nlX6l5OqMYqO6TqcNYZJInGZbtU=/320x320/filters:no_upscale\(\):max_bytes\(150000\):strip_icc\(\):format\(webp\)/illo-conditions-a5bd044bd3784087a3670917f9a7d2da.png](https://www.health.com/thmb/nlX6l5OqMYqO6TqcNYZJInGZbtU=/320x320/filters:no_upscale():max_bytes(150000):strip_icc():format(webp)/illo-conditions-a5bd044bd3784087a3670917f9a7d2da.png)

[https://www.health.com/thmb/N-KtsPgw5Q-WLbj5clEKrh09x_o=/144x144/filters:no_upscale\(\):max_bytes\(150000\):strip_icc\(\):format\(webp\)/DakariQuimbyPhD-23d944ace5f74d908f9fff4a8d9fee0c.jpg](https://www.health.com/thmb/N-KtsPgw5Q-WLbj5clEKrh09x_o=/144x144/filters:no_upscale():max_bytes(150000):strip_icc():format(webp)/DakariQuimbyPhD-23d944ace5f74d908f9fff4a8d9fee0c.jpg)

[https://www.health.com/thmb/3K_r0jX1ur3J2eHrSi-C9MqQWfM=/144x144/filters:no_upscale\(\):max_bytes\(150000\):strip_icc\(\):format\(webp\)/Keri-Peterson-1000-962b22fde4af480f8c585cbfa47485d7-ee0457541f84412aa352dca9c0fc98f6.jpg](https://www.health.com/thmb/3K_r0jX1ur3J2eHrSi-C9MqQWfM=/144x144/filters:no_upscale():max_bytes(150000):strip_icc():format(webp)/Keri-Peterson-1000-962b22fde4af480f8c585cbfa47485d7-ee0457541f84412aa352dca9c0fc98f6.jpg)

[https://www.health.com/thmb/kep-2D913yZasGYw3gjKYolhMzl=/144x144/filters:no_upscale\(\):max_bytes\(150000\):strip_icc\(\):format\(webp\)/IsabelVasquez-fc9768def2cb4fc28e8f59257eec79f2.jpg](https://www.health.com/thmb/kep-2D913yZasGYw3gjKYolhMzl=/144x144/filters:no_upscale():max_bytes(150000):strip_icc():format(webp)/IsabelVasquez-fc9768def2cb4fc28e8f59257eec79f2.jpg)

[https://www.health.com/thmb/BKuL1G9NSB1ecxw5au8M8U8fgnI=/144x144/filters:no_upscale\(\):max_bytes\(150000\):strip_icc\(\):format\(webp\)/Option1-FrankieRivera-d118342b5cb34535a40a3362908f7c29.jpg](https://www.health.com/thmb/BKuL1G9NSB1ecxw5au8M8U8fgnI=/144x144/filters:no_upscale():max_bytes(150000):strip_icc():format(webp)/Option1-FrankieRivera-d118342b5cb34535a40a3362908f7c29.jpg)

[https://www.health.com/thmb/ga_1OC-e8gMmFHPHTOJVgqWr70U=/144x144/filters:no_upscale\(\):max_bytes\(150000\):strip_icc\(\):format\(webp\)/Health-Amber-Brenza-1000x1000-ec97f51b9cd24bb59c98b5156081bc28.jpg](https://www.health.com/thmb/ga_1OC-e8gMmFHPHTOJVgqWr70U=/144x144/filters:no_upscale():max_bytes(150000):strip_icc():format(webp)/Health-Amber-Brenza-1000x1000-ec97f51b9cd24bb59c98b5156081bc28.jpg)

[https://www.health.com/thmb/YPDA9EaHjL_gicR5jFgHFQLtBkQ=/144x144/filters:no_upscale\(\):max_bytes\(150000\):strip_icc\(\):format\(webp\)/ScreenShot2022-06-02at2.40.07PM-8ea2ab9f418d418e9599198de36232a4.png](https://www.health.com/thmb/YPDA9EaHjL_gicR5jFgHFQLtBkQ=/144x144/filters:no_upscale():max_bytes(150000):strip_icc():format(webp)/ScreenShot2022-06-02at2.40.07PM-8ea2ab9f418d418e9599198de36232a4.png)

[https://www.health.com/thmb/EHeV3nGfsRcBEqpxdXrxNusmaM8=/320x320/filters:no_upscale\(\):max_bytes\(150000\):strip_icc\(\):format\(webp\)/illo-nutrition-a517076021b8489cbb9643bdf4be7cd9.png](https://www.health.com/thmb/EHeV3nGfsRcBEqpxdXrxNusmaM8=/320x320/filters:no_upscale():max_bytes(150000):strip_icc():format(webp)/illo-nutrition-a517076021b8489cbb9643bdf4be7cd9.png)

[https://www.health.com/thmb/XqyGskMVpQNx5p7n1KbaHkXGLKM=/320x320/filters:no_upscale\(\):max_bytes\(150000\):strip_icc\(\):format\(webp\)/illo-wellness-d52d65967dc540a6848b7dbd3bbb9819.png](https://www.health.com/thmb/XqyGskMVpQNx5p7n1KbaHkXGLKM=/320x320/filters:no_upscale():max_bytes(150000):strip_icc():format(webp)/illo-wellness-d52d65967dc540a6848b7dbd3bbb9819.png)

[https://www.health.com/thmb/2HcQFQUZAJ9-4QaZ3MjsvxYAYM4=/320x320/filters:no_upscale\(\):max_bytes\(150000\):strip_icc\(\):format\(webp\)/illo-mental-health-665f34ca44a149c39154e09c73edb39b.png](https://www.health.com/thmb/2HcQFQUZAJ9-4QaZ3MjsvxYAYM4=/320x320/filters:no_upscale():max_bytes(150000):strip_icc():format(webp)/illo-mental-health-665f34ca44a149c39154e09c73edb39b.png)

Alternative text is used to describe images to give the search engine crawlers (and the visually impaired).

Also, more information to help them understand images, which can help them to appear in Google Images search results.

Text/HTML Ratio

HTML to Text Ratio is: **2.41%**

Text content size 6256 bytes

Total HTML size 259391 bytes

Code to text ratio represents the percentage of actual text on a web page compared to the percentage of HTML code, and it is used by search engines to calculate the relevancy of a web page.

A higher code to text ratio will increase your chances of getting a better rank in search engine results.



GZIP compression



Wow! It's GZIP Enabled.

✓ Your webpage is compressed from 252 KB to 53 KB (79.1 % size savings)

Gzip is a method of compressing files (making them smaller) for faster network transfers.



It allows to reduce the size of web pages and any other typical web files to about 30% or less of its original size before it transfer.

 **IP Canonicalization** No your domain IP 151.101.2.137 does not redirect to health.com


To check this for your website, enter your IP address in the browser and see if your site loads with the IP address. Ideally, the IP should redirect to your website's URL or to a page from your website hosting provider. If it does not redirect, you should do an htaccess 301 redirect to make sure the IP does not get indexed.

 **URL Rewrite** Good, all URLs look clean and friendly


Your site's URLs contain unnecessary elements that make them look complicated. A URL must be easy to read and remember for users. Search engines need URLs to be clean and include your page's most important keywords. Clean URLs are also useful when shared on social media as they explain the page's content.

 **Underscores in the URLs** Great, you are not using underscores (these_are_underscores) in your URLs


Great, you are not using ?underscores (these_are_underscores) in your URLs. While Google treats hyphens as word separators, it does not for underscores.

✔ **WWW Resolve** Great, a redirect is in place to redirect traffic from your non-preferred domain.
⚙️⚙️⚙️

Redirecting requests from a non-preferred domain is important because search engines consider URLs with and without "www" as two different websites.

✔ **XML Sitemap** Good, you have XML Sitemap file!
⚙️⚙️⚙️ <http://health.com/sitemap.xml>

A robots.txt file allows you to restrict the access of search engine robots that crawl the web and it can prevent these robots from accessing specific directories and pages. It also specifies where the XML sitemap file is located.
You can check for errors in your robots.txt file using Google Search Console (formerly Webmaster Tools) by selecting 'Robots.txt Tester' under 'Crawl'. This also allows you to test individual pages to make sure that Googlebot has the appropriate access.

✔ **Robots.txt** Good, you have Robots.txt file!
⚙️⚙️⚙️ <http://health.com/robots.txt>

A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.
We recommend that you generate an XML sitemap for your website and submit it to both Google Search Console and Bing Webmaster Tools. It is also good practice to specify your sitemap's location in your robots.txt file.

 **Embedded Objects** Perfect, no embedded objects has been detected on this page


Embedded Objects such as Flash. It should only be used for specific enhancements.
Although Flash content often looks nicer, it cannot be properly indexed by search engines.
Avoid full Flash websites to maximize SEO.

 **Iframe** Oh no, iframe content has been detected on this page


Frames can cause problems on your web page because search engines will not crawl or index the content within them.
Avoid frames whenever possible and use a NoFrames tag if you must use them.

 **Domain Registration** Exactly how many years and months


Domain Age: 29 Years, 175 Days

Created Date: 22nd-Mar-1995

Updated Date: 20th-Feb-2024

Expiry Date: 23rd-Mar-2025

Domain age matters to a certain extent and newer domains generally struggle to get indexed and rank high in search results for their first few months (depending on other associated ranking factors). Consider buying a second-hand domain name.
Do you know that you can register your domain for up to 10 years? By doing so, you will show the world that you are serious about your business.

✔ **Indexed Pages**
⚙️⚙️⚙️

Indexed pages in search engines

11,800 Page(s)

This is the number of pages that we have discovered on your website.

A low number can indicate that bots are unable to discover your webpages, which is a common cause of a bad site architecture & internal linking, or you're unknowingly preventing bots and search engines from crawling & indexing your pages.

✔ **Backlinks Counter**
⚙️⚙️⚙️

Number of backlinks to your website

97,514 Backlink(s)

Backlinks are links that point to your website from other websites. They are like letters of recommendation for your site.

Since this factor is crucial to SEO, you should have a strategy to improve the quantity and quality of backlinks.



URL

http://health.com
Length: 6 characters

Keep your URLs short and avoid long domain names when possible.

A descriptive URL is better recognized by search engines.

A user should be able to look at the address bar and make an accurate guess about the content of the page before reaching it (e.g., http://www.mysite.com/en/products).



Favicon

h Great, your website has a favicon.

Favicons improve a brand's visibility.

As a favicon is especially important for users bookmarking your website, make sure it is consistent with your brand.



Custom 404 Page

Great, your website has a custom 404 error page.

When a visitor encounters a 404 File Not Found error on your site, you're on the verge of losing the visitor that you've worked so hard to obtain through the search engines and third party links.

Creating your custom 404 error page allows you to minimize the number of visitors lost that way.

✔ **Page Size**
⚙️⚙️⚙️

252 KB (World Wide Web average is 320 Kb)

Two of the main reasons for an increase in page size are images and JavaScript files.

Page size affects the speed of your website; try to keep your page size below 2 Mb.

Tip: Use images with a small size and optimize their download with gzip.

✔ **Load Time**
⚙️⚙️⚙️

0.2 second(s)

Site speed is an important factor for ranking high in Google search results and enriching the user experience.

Resources: Check out Google's developer tutorials for tips on how to make your website run faster.

✔ **Language**
⚙️⚙️⚙️

Good, you have declared your language
Declared Language: English

Make sure your declared language is the same as the language detected by Google

Also, define the language of the content in each page's HTML code.

Domain Availability



Domains (TLD)	Status
health.net	Already Registered
health.org	Already Registered
health.biz	Already Registered
health.us	Already Registered
health.info	Already Registered

Register the various extensions of your domain to protect your brand from cybersquatters.

Typo Availability



Domains (TLD)	Status
bealth.com	Already Registered
gealth.com	Already Registered
tealth.com	Already Registered
yealth.com	Already Registered
uealth.com	Already Registered

Register the various typos of your domain to protect your brand from cybersquatters.



Email Privacy

Good, no email address has been found in plain text.



We don't recommend adding plain text/linked email addresses to your webpages.

As malicious bots scrape the web in search of email addresses to spam. Instead, consider using a contact form.



Safe Browsing

The website is not blacklisted and looks safe to use.



Safe Browsing to identify unsafe websites and notify users and webmasters so they can protect themselves from harm.

 **Mobile Friendliness** Oh No! This page is not mobile-friendly.
Your mobile friendly score is 0/100



Mobile Friendliness refers to the usability aspects of your mobile website, which Google uses as a ranking signal in mobile search results.

 **Mobile Compatibility** Bad, embedded objects detected.



Embedded Objects such as Flash, Silverlight or Java. It should only be used for specific enhancements.
But avoid using Embedded Objects, so your content can be accessed on all devices.

● Mobile View



The number of people using the Mobile Web is huge; over 75 percent of consumers have access to smartphones. ??

Your website should look nice on the most popular mobile devices.

Tip: Use an analytics tool to track mobile usage of your website.

Server IP

Server IP	Server Location	Service Provider
151.101.2.137	Not Available	Not Available

Your server's IP address has little impact on your SEO. Nevertheless, try to host your website on a server which is geographically close to your visitors.

Search engines take the geolocation of a server into account as well as the server speed.

Speed Tips

Tips for authoring fast-loading HTML pages:

- ✓ Perfect, your website has few CSS files.
- ✓ Perfect, your website has few JavaScript files.
- ✓ Perfect, your website doesn't use nested tables.
- ✗ Too bad, your website is using inline styles.

Website speed has a huge impact on performance, affecting user experience, conversion rates and even rankings.

By reducing page load-times, users are less likely to get distracted and the search engines are more likely to reward you by ranking your pages higher in the SERPs.

Conversion rates are far higher for websites that load faster than their slower competitors.

Analytics

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website.

You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.

 **Doc Type**


Your Web Page doctype is HTML 5

The Doctype is used to instruct web browsers about the document type being used.
For example, what version of HTML the page is written in.
Declaring a doctype helps web browsers to render content correctly.

 **W3C Validity**


W3C not validated

W3C is a consortium that sets web standards.
Using valid markup that contains no errors is important because syntax errors can make your page difficult for search engines to index.
Run the W3C validation service whenever changes are made to your website's code.

 **Encoding**


Great, language/character encoding is specified: UTF-8

Specifying language/character encoding can prevent problems with the rendering of special characters.

Social Data

Your social media status

 Facebook:  Health

 Twitter: 

 Instagram:  Health

Social data refers to data individuals create that is knowingly and voluntarily shared by them.

Cost and overhead previously rendered this semi-public form of communication unfeasible.

But advances in social networking technology from 2004-2010 has made broader concepts of sharing possible.

Traffic Rank No Global Rank

A low rank means that your website gets a lot of visitors.

Your Alexa Rank is a good estimate of the worldwide traffic to your website, although it is not 100 percent accurate.

Visitors Localization Your website is popular on following countries:

Popularity at	None
Regional Rank	None

We recommend that you book the domain names for the countries where your website is popular.

This will prevent potential competitors from registering these domains and taking advantage of your reputation in such countries.

Estimated Worth \$60 USD

Just a estimated worth of your website based on Alexa Rank.

In-Page Links

We found a total of 97 links including both internal & external links of your site

Anchor	Type	Follow
Health	Internal Links	Dofollow
News	Internal Links	Dofollow
Conditions A - Z	Internal Links	Dofollow
Anxiety	Internal Links	Dofollow
Coronavirus	Internal Links	Dofollow
Type 2 Diabetes	Internal Links	Dofollow
Headaches and Migraines	Internal Links	Dofollow
Heart Disease	Internal Links	Dofollow
Nutrition	Internal Links	Dofollow
Eat Well	Internal Links	Dofollow
Nutrition Basics	Internal Links	Dofollow
Vitamins and Supplements	Internal Links	Dofollow
Wellness	Internal Links	Dofollow
Mental Health	Internal Links	Dofollow
Fitness	Internal Links	Dofollow
Skincare	Internal Links	Dofollow
Sexual Health	Internal Links	Dofollow
What to Buy	Internal Links	Dofollow
Nutrition & Supplements	Internal Links	Dofollow
Oral & Dental Care	Internal Links	Dofollow
Sleep Products	Internal Links	Dofollow
Over the Counter	Internal Links	Dofollow
Skincare	Internal Links	Dofollow
About Us	Internal Links	Dofollow
Editorial Process	Internal Links	Dofollow
Medical Expert Board	Internal Links	Dofollow
Anti-Racism Pledge	Internal Links	Dofollow
Testing and Vetting Products	Internal Links	Dofollow
About Us	Internal Links	Dofollow
140+ Medical Experts	Internal Links	Dofollow
Drinking This Many Cups of Coffee Each Day Could Put Your Heart Health at Risk	Internal Links	Dofollow
New Research Shows Eating More Eggs Might Help Keep Your Mind Sharp	Internal Links	Dofollow
TikTokers Swear That Chewing This Gum Can Reshape Your Jawline—But Can It?	Internal Links	Dofollow
FDA Expands Apple Juice Recall: Products Sold at Walgreens, Aldi May Also Contain Arsenic	Internal Links	Dofollow
Can COVID Cause Hearing Loss? Study Finds Link Among Young Adults	Internal Links	Dofollow
The Real Voices Series What I Wish I Knew About Multiple Sclerosis	Internal Links	Dofollow
Fat-Burning Foods	Internal Links	Dofollow
Teeth Cleaning	Internal Links	Dofollow
Collagen Supplements	Internal Links	Dofollow
Alzheimer's	Internal Links	Dofollow
Breast Cancer	Internal Links	Dofollow
Digestive Disorders	Internal Links	Dofollow
Depression	Internal Links	Dofollow
Kidney Disease	Internal Links	Dofollow

Lung Cancer	Internal Links	Dofollow
Migraines	Internal Links	Dofollow
Psoriasis	Internal Links	Dofollow
Rheumatoid Arthritis	Internal Links	Dofollow
Skin Conditions	Internal Links	Dofollow
Type 1 Diabetes	Internal Links	Dofollow
Type 2 Diabetes	Internal Links	Dofollow
Ulcerative Colitis	Internal Links	Dofollow
Can Dehydration Cause Headaches?	Internal Links	Dofollow
Signs and Symptoms of Insomnia	Internal Links	Dofollow
6 Reasons Your Skin Is Dry	Internal Links	Dofollow
Dakari Quimby, PhD Psychologist	Internal Links	Dofollow
Keri Peterson, MD Internal Medicine Physician	Internal Links	Dofollow
Isabel Vasquez, RD, LDN Registered Dietitian	Internal Links	Dofollow
Francisco J. Rivera Rosario Science Communications Editor	Internal Links	Dofollow
Amber Brenza, CPT Associate Editorial Director, News	Internal Links	Dofollow
Dana Ingemann, MPH, CHES Associate Editorial Director, Evergreen	Internal Links	Dofollow
Learn about our process	Internal Links	Dofollow
Health Benefits of Avocado Oil	Internal Links	Dofollow
The 25 Best High-Protein, Low-Fat Foods	Internal Links	Dofollow
How Many Calories Should You Eat a Day?	Internal Links	Dofollow
What Are the Side Effects of Too Much Turmeric?	Internal Links	Dofollow
How Many Steps a Day Benefits Your Health?	Internal Links	Dofollow
The 12 Best Yoga Mats of 2024, Tested and Reviewed	Internal Links	Dofollow
What Is Low-Intensity Interval Training?	Internal Links	Dofollow
How Does Magnesium Help Reduce Anxiety?	Internal Links	Dofollow
Why You Feel Anxiety After Drinking	Internal Links	Dofollow
Signs and Symptoms of Generalized Anxiety Disorder	Internal Links	Dofollow
Why a Panic Attack Can Cause a Dry Mouth	Internal Links	Dofollow
10 Types of Summer Squash to Try Before Fall Arrives	Internal Links	Dofollow
It's Blood Cancer Awareness Month—Learn the Warning Signs	Internal Links	Dofollow
Flu Season Is Approaching—When's the Best Time to Get a Flu Shot?	Internal Links	Dofollow
Pimples Can Pop up as Seasons Change, but These Acne-Fighting Moisturizers Can Help	Internal Links	Dofollow
September 25 Is World Lung Day: Here's How to Keep Your Lungs Healthy	Internal Links	Dofollow
Heading to the Beach This Labor Day? Try This Workout That's Perfect for the Sand	Internal Links	Dofollow
Skin Awards 2024: Best Products For Glowing Skin	Internal Links	Dofollow
Editor's Picks: Wellness Products To Boost Your Self-Care Routine	Internal Links	Dofollow
Innovative Hospital Awards 2024	Internal Links	Dofollow
Fitness Awards 2024: Top Products To Support Your Fitness Goals	Internal Links	Dofollow
Anti-Racism Pledge	Internal Links	Dofollow
Product Vetting	Internal Links	Dofollow
Contact	Internal Links	Dofollow
No Anchor Text	External Links	Dofollow
No Anchor Text	External Links	Dofollow
No Anchor Text	External Links	Dofollow
No Anchor Text	External Links	Dofollow
View our Privacy Policy	External Links	Dofollow
Terms of Service	External Links	Dofollow
Careers	External Links	Dofollow
Advertise	External Links	Dofollow
No Anchor Text	External Links	Dofollow

While there's no exact limit to the number of links you should include on a page, best practice is to avoid exceeding 200 links.

Links pass value from one page to another, but the amount of value that can be passed is split between all of the links on a page. This means that adding unnecessary links will dilute the potential value attributed to your other links.

Using the Nofollow attribute prevents value from being passed to the linking page, but it's worth noting that these links are still taken into account when calculating the value that is passed through each link, so Nofollow links can also dilute pagerank.



Broken Links



No broken links were found on this web page

Broken links send users to non-existing web pages. They are bad for your site's usability, reputation and SEO. If you find broken links in the future, take the time to replace or remove each one.